

SUNDAY

Hamburger Patties, Fresh Buns & Spinach and Strawberry Salad
 with *Homemade Balsamic Vinaigrette*
 add a side of *Sauteed Mushrooms & Onions*

MONDAY

Quick and Easy Pesto Pasta
 Feeling ambitious? Make your own pesto!

Saskatoon Berry Salad

TUESDAY

Summer's hot, don't turn on the oven, buy a
"Short-cut" rotisserie chicken,
Creamy Cucumber Salad and
Corn & Tomato Salsa

WEDNESDAY

Chicken Salad sandwiches
 use extra hamburger buns from Sunday and chicken from Tuesday

 serve with leftover salads from Tuesday

THURSDAY

Grilled sausage or favourite grilled protein
 Serve with Grilled Sweet Potatoes & fresh Peas with Cauliflower and Dill

FRIDAY

Tasty Homemade Fish Tacos
 with Fruit Salsa

cut extra veggies for tomorrow's taco salad

SATURDAY

Taco Salad with Avocado Sauce
 use extra chopped veggies from fish tacos for taco salad

MORE TASTY IDEAS

Blueberry Lemon Swiss Roll
Fruit Salsa with tortilla chips
Pavlova with mixed berries
Lemon Blueberry Scones
Bannock - for the pan or the campfire



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